

4 on 4 Co-Ed SAND VOLLEYBALL LEAGUE - SPRING 2009

TEAM REGISTRATION FORM

Team Name: _____
 Institution/Year: _____
 Team Captain: _____
 Phone Number: _____
 Cell Number: _____
 Pager/Fax: _____
 E-mail: _____

League: Co-ed
 Circle a Game Time: 6:00 6:45 7:30
 Circle a Game Day: Wednesday Thursday
 If spaces are full, my team can play (Circle All that Apply!)
 Wednesday: 6:00 6:45 7:30
 Thursday: 6:00 6:45 7:30
 Off Date: *(Please note preferences are not guaranteed)*

TEAM ENTRY FEE: (per team)

\$40.00 for UT-Houston Students ONLY

\$50.00 for Rec Center members and all Other Teams (must be affiliated with UT/TMC).

MAXIMUM TEAMS (24 Co-ed) and at least 4 co-ed teams for league to make. (on a first registered, first paid basis)

HOW TO REGISTER: Registration opens March 16th. Full payment must accompany registration form and is due by or before 6pm April 7th. **NO EXCEPTIONS! SPOTS WILL NOT BE HELD UNDER ANY CIRCUMSTANCES! TEAMS MUST SELECT A DESIRED TIME WHEN TURNING IN THE REGISTRATION FORM WITH THE FRONT DESK!** Otherwise a team risks the chance of not playing at their desired time. If your time slot has been taken teams need to select a different available time.

TEAM CAPTAIN'S MEETING/SCHEDULES: Team Captain's meeting on **Wednesday, April 8th at 6:00 p.m.** at the UT Recreation Center in classroom A. A representative **MUST** attend the meeting to receive rules and mock schedule to see if changes need to be made. If a representative from your team cannot attend, your team will play on the dates and days scheduled **NO EXCEPTIONS**. Teams must send an e-mail or call the Recreation Coordinator's office before the meeting. A final schedule will be e-mailed to each team captain and posted at the UT-Rec Center Friday, April 10th by 12:00 noon.

LEAGUE INFORMATION: All games will be played on the Recreation Center athletic fields at 7779 Knight Road. All UT-Houston Students, BCM students & all Other Teams (must be affiliated with UT/TMC) are eligible to play. Team rosters are limited to 8 players. Night of play and league choice is limited to a first registered, first paid basis. Depending on how many teams enter all games will be played Wednesday's & Thursday's at 6:00, 6:45, and 7:30 p.m. & team may possibly play double-headers due to inclement weather. Register early to ensure your team plays at your preferred time! If your desired time slot does not make please be prepared to play at an hour earlier or later. The league is scheduled for approx. 3-4 weeks; teams must be able to play starting **April 15th** thru May 7th with potential playoffs ending May 13th. Playoffs usually consist of a single elimination of the top 4 - 8 teams qualifying in each division.

For more information please call Kelly McNamara @ 713-500-8422 or e-mail Kelly.McNamara@uth.tmc.edu

**PAYMENT IS DUE WHEN TEAMS TURN IN THEIR REGISTRATION FORMS!
 NO EXCEPTIONS! Registration opens March 16th- April 7th**

Office Use Only: _____ Date/Time Rcv'd: _____ Staff Initials: _____ Paid: _____ Receipt#: _____



THE UNIVERSITY *of* TEXAS
HEALTH SCIENCE CENTER AT HOUSTON

Spring 2009 - UTHSC Co-Ed

4-on-4 Sand Volleyball Rules & Regulations

1. Players, Substitutes and Roster Size and Identification

- A. Teams are of 4 on 4.
- B. League maximum 8 player roster limit of minimum 2 players (1 woman, 1 male).
- C. All players must be 18 years of age.
- D. All players must complete a waiver agreement in order to participate.
- E. All rosters are final after the last regular season game. No one will be allowed to play if his or her name is not listed on the team roster. A player must play in at least one regular season game in order to be eligible to play in playoffs. Roster changes may be made in person or emailed to the Recreational Sports Coordinator. Changes may not be made at the game site.
- F. Each participant must come to play with proper picture ID. (Student, DL, etc) and shown upon request.
- G. The winning team is responsible for turning in the scores to the coordinator when on site. Record scores on sheets provided and please turn in at the Rec Center front desk.

2. Playing Area and Conditions

- A. All games will be played at the UT-Houston Recreation Center sand volleyball courts.
- B. Weather Information 713-500-8415.
- C. Cancellations will be made 1 hour prior to the start of the first contest.
- D. On-site cancellations will be made on the basis of weather, lights, etc. by the supervisor.

3. Equipment and Uniform

- A. Game balls will be provided.
- B. Warm-up equipment can be checked out from the Rec. Center Front Desk prior to first scheduled game of the night.
- C. Players may play barefoot or wear athletic shoes.

4. Safety and Prevention

- A. A player who is bleeding, has an open wound, or has an excessive amount of blood on the uniform shall be considered an injured player and must immediately leave the game for the appropriate treatment.
- B. Players wearing glasses should have shatterproof lenses and straps.

5. Participant Conduct and Fair Play

- A. All players, captains and spectators will be held to a reasonable standard of conduct and fair play. Violators of this standard will be subject to sport-specific penalties, and/or possible removal from the facility and future Recreational Sports events.
- B. All teams are responsible for cleaning up after their players and fans. **Please dispose of trash properly.**
- C. Glass containers are prohibited. No alcoholic beverages or smoking permitted. The University of Texas-Houston is a smoke free institution.
- D. It is the responsibility of the team captain to settle any disputes.
- E. The captain is also responsible to make certain that every player on his team is eligible to participate. Captains are also responsible for informing team members of their schedule.

6. Time Regulations and Length of Game

- A. Teams will play the best two out of three games using rally scoring. (See 8 below).
- B. If a game is canceled due to lights, weather, etc. the match will restart by replaying the current game over from the beginning at the rescheduled time.

7. Forfeits and Starting Games

- A. Game time is forfeit time. If a team forfeits once for any reason, the team shall be ineligible for the playoffs. If a team forfeits a second time the team shall be dropped from the remainder of the league schedule.
- B. Two (2) players are required for play. No team shall be permitted to start or continue a game with less than the minimum.
- C. Teams will rally for service. The winner may choose to serve or may choose which side of the court they wish to play. Side and serve will be alternated for the next two games.

8. Playing Rules and Scoring

- A. Scoring
 - 1. Games will be played to 21 points with a cap of 25 points. All scoring is done using the modified rally system. The winning team must win by two points unless both teams are tied with 24 points.
 - 2. If a third game is necessary, it will be played to 15 points with a cap of 17.
 - 3. *The modified rally scoring system grants a point whether or not the team was serving. If the ball is served into the net, a side out and point is awarded.*
 - 4. A 45 minute time limit will be placed on all games. If time expires in the middle of a contest, the team with the most points from all three games will be declared the winner.
 - 5. **Teams will switch sides every thirteen (13) points.**

Playing Rules and Scoring cont...

- B. Serving
 - 1. The serve can be made from anywhere behind the end line and within the sideline.
 - 2. Server may not step over the end line until the ball has been contacted.
- C. Receiving Serve
 - 1. Teams must remain in proper rotation until the ball is served.
 - 2. Receiving team may not "set" a serve using open fingers.
 - 3. Receiving team may block a serve.
- D. Playing the Ball
 - 1. A player may use any part of their body to play the ball.
 - 2. No more than three hits per side.
 - 3. No player may hit the ball twice in succession, except after a block.
 - 4. A block must occur within one foot of the net or it will be considered one of the three hits.
 - 5. Any player may block or spike at the net, regardless of rotation.
 - 6. When executing a block or spike, a player may follow through over the net, as long as the individual does not interfere with players on the other side of the net.
 - 7. Players may not dink the ball with an open hand over the net at any time.
 - 8. Players may cross under the net as long as they do not interfere with opposing players.

9. Fouls, Violations and Penalties

- A. **All fouls are based on the integrity and sportsmanship of the players.**
- B. Teams will call their own fouls and violations during play.
- C. Violations will result in a point.
- D. A player can be ejected by the league coordinator for unsportsmanlike conduct.
- E. Any individual removed from a contest for reasons of sportsmanship or misconduct will be ineligible for the next scheduled contest.
- F. Any unsportsmanlike conduct may result in the suspension from league and tournament activities.

10. Co-Rec Rules

- A. Teams must have an even number of male and female players at all times to play.
- B. Service order must rotate male/female.
- C. It is not necessary for a male or female to touch the ball before it is returned over the net.

11. Playoffs

- A. Brackets will be made based on the number of teams, the time and space available, and team record.
- B. Teams who have forfeited a game will not be considered for playoffs.
- C. Teams must be able to play at any time during any night. Postponements due to scheduling conflicts will not be arranged.

12. Official and Supervisors Duties

- D. Teams will self officiate their games.
- E. The supervisor may be on-site for event management and general questions. The supervisor has the authority to cancel activities due to inclement or unfavorable weather conditions.

13. Miscellaneous

- A. Participation in the Recreational Sports program is voluntary. UT-Houston is not responsible for injuries incurred while participating in Recreational Sports. Each participant is advised to carry personal health and accident insurance.
- B. Awards will be given to the winning team in each division of play (M, W, CR). Awards must be picked up at the office within 30 days of the championships.

