

# AUXILIARY ENTERPRISE

## RECREATION CENTER



### UTHSC RECREATION CENTER

7779 Knight Road  
<http://ae.uth.tmc.edu/>

713-500-8420 PH  
 713-500-8409 FX

### HOURS OF OPERATION

Monday-Friday 5:30am - 10:00pm  
 Saturday 8:00am - 8:00pm  
 Sunday 10:00am - 8:00pm

Holiday Schedules to be announced

### WEATHER LINE

713-500-8415

For information on the status of league activities or swimming pool closures.

### FACILITIES AVAILABLE

Olympic Sized Swimming Pool • Weight Room / Cardiovascular Area  
 Outdoor Tennis and Basketball Courts • Racquetball Court • Exercise Room • Athletic Fields / Sand Volleyball Courts • Walking / Jogging Trail

### MEMBERSHIP CATEGORIES

**Individual Membership:** An individual membership may be granted to an individual 6 yrs. of age or older. If an applicant is under 18 yrs. old, the parents must also sign the application form.

**Spouse:** Includes individual membership for a spouse living at the same address.

**Family Package:** (Best value for 3 or more family members joining). A family member includes spouse and/or all those who are claimed as dependents up to the age of 20. Once turning 21, children must apply for their own membership if they meet the eligibility requirements. If applicant is less than 18 years of age, a parent or legal guardian must co-sign the Membership Agreement. Children five years of age and younger will be admitted free of charge. Families with children under the age of 16 are encouraged to enroll in the "family package" for the peak summer months only, since facility use for children is limited most of the year.

*UTHSC Extended Family Membership* is a benefit provided to UTHSC students, faculty and staff only. Extended Family Member includes mother, father, brother and/or sister of a current UTHSC who may purchase membership privileges at the Affiliate rate as long as the student, faculty or staff member is affiliated with UTHSC.

**Seniors:** A 10% discount is available on any quarterly or yearly memberships purchased by eligible members age 62 and older (not good with any other offer).

**Group Rates:** Group rates are available to the various UTHSC departments and TMC Institutions. For more information, please contact the management.

(Information Printed 11/09)

### MEMBERSHIP FEES

Memberships are sold on a monthly, quarterly or yearly basis. Monthly fees are pro-rated on the 15th. Anyone joining within the last 7 days of the month gets that week complimentary as long as purchasing a membership. The month and quarter membership expire the last day of that particular month or third month. The year membership expires the exact date of purchase one year later. Payment accepted by cash or check only.

Categories	Monthly	Quarterly	Yearly	EFT Option (Monthly)
<b>UTHSC Student</b>				
Spouse Only or Student	\$21.00	\$54.00	\$190.00	N/A
Family Package (spouse & child only)	\$31.50	\$81.00	\$285.00	N/A
<b>TMC Student</b>				
Individual or Spouse	\$27.00	\$69.00	N/A	N/A
Family Package	\$67.00	\$172.00	N/A	N/A
<b>UTHSC Resident / Fellow</b>				
Individual or Spouse	\$27.00	\$69.00	\$260.00	\$23.00
Family Package	\$67.00	\$172.00	\$650.00	\$57.00
<b>UTHSC Employee, Faculty &amp; Alumni; UTMDA, MHHS &amp; HCHD Employee</b>				
Individual or Spouse	\$33.00	\$84.00	\$317.00	\$28.00
Family Package	\$82.00	\$210.00	\$792.00	\$70.00
<b>UTHSC Affiliate</b> (UTHSC "Extended" Family, UT System Alumni, UTHSC Contract Vendor)				
Individual or Spouse	\$38.00	\$97.00	\$365.00	\$32.00
Family Package	\$95.00	\$242.00	\$912.00	\$81.00
<b>TMC Institution</b> (All employees, faculty and residents of designated TMC institutions)				
Individual or Spouse	\$43.00	\$110.00	\$413.00	\$36.00
Family Package	\$107.00	\$275.00	\$1032.00	\$91.00
<b>TMC Community - Director's Approval Required</b> (State Agencies, Contract Groups and authorized affiliations)				
Individual or Spouse	\$48.00	\$122.00	\$461.00	\$40.00
Family Package	\$120.00	\$305.00	\$1152.00	\$102.00

### APPLYING FOR MEMBERSHIP

Membership is open to all UTHSC-H students, faculty and staff and their families, UTHSC-H Affiliates and Texas Medical Center Institutions. Proof of employment, student and alumni status, or spouse eligibility is required at time of purchase and renewals. During the academic year, UTHSC-H students who are enrolled for classes receive a membership as a benefit of their tuition during that enrollment period. During the summer term or in certain cases when the student tuition does not cover the membership fee, the student may purchase the membership at the facility.



**THE UNIVERSITY of TEXAS**  
 HEALTH SCIENCE CENTER AT HOUSTON

## ID CARDS AND UNIVERISTY BADGES

UTHSC-H student, faculty and staff must present a valid university ID badge for admission into the facility and upon request when participating in activities. Non UTHSC-H ID badge members will be issued a Membership Card, bearing name that must be presented for admission into the facility and upon request when participating in activities. Only 1 active card allowed per member. Name/data change on Recreation Center Membership Card will be made at no charge with the return of original card. Lost cards will be replaced at a fee of \$10.00. A fee of \$5.00 will be charged to replace lost Keytags. Use of University ID, Membership Card and or Keytag by anyone other than person named hereon is prohibited and will result in confiscation. Violation of this rule may result in immediate and permanent termination of membership. The cards are property of UTHSC-H and are nontransferable and may be revoked for cause.

## GUEST OPTIONS/PRIVILEGES

Guest fee options are \$5.00/day or \$15.00/week 7 days inclusive, or five random visits for \$20.00 or 10 random visits for \$40.00. It is not transferable and non-refundable. No refunds for loss, theft, or any other reason. Member is entitled to bring up to two (2) guests per member, per visit. No guest may use the facilities without registering at the front desk and completing Waiver of Responsibility and Assumption of Risk documentation.

Guest fees are charged to persons six years of age and older. Guests must be accompanied by the member or present proof of guest privilege at the time of purchase and any subsequent renewal. Anyone who is eligible for membership may be their own guest and purchase guest options, rather than a membership if so desired. Management reserves the right to limit the number of guests or the number of times any one guest can use the facility and reserves all rights to exclude any guest whose use of the facilities, in the sole opinion of the Management would be detrimental to the guest, facility or any of its members.

## AGE POLICY

Children under the age of 16 must be accompanied and supervised by a parent or guardian at all times while in the facility. No one under 16 is allowed in the weight room or cardiovascular exercise area. Also, no one under 16 is allowed in the swimming pool or pool deck area during the winter months, or at anytime when the pool blankets are on the pool.

### Family/Children Guidelines.

For the safety of your family and all members, strollers, car seats, and any other baby carriers are not allowed in any activity area. Children five years old and under of the opposite sex may be in the locker room. Children six years old or older must use the same sex locker room. A Family Restroom is provided in the facility.

## APPROPRIATE EXERCISE CLOTHING

Patrons are asked to wear gym clothing while working out or participating in activities. Proper athletic attire includes gym shorts, t-shirts, sweat suits, tights and leotards and sneakers. No street clothes shall be permitted in the workout areas. No denim allowed and no open toe shoes allowed in the exercise areas. Athletic shoes with non-marring sole are required in activity areas. Proper attire for the swimming pool area includes bathing suits and sandal type shoe and swimmers are encouraged to shower before entering the pool.

## SWIMMING POOL

NO LIFEGUARD ON DUTY. SWIM AT YOUR OWN RISK. The swimming pool closes 30 minutes prior to facility closure. There are designated and posted summer and winter hours for adult lap swim and family/children hours and open swim. Children under the age of 16 must be accompanied and supervised by a parent or guardian at all times while in the pool or on the pool deck area. Proper swim attire required and no disposable or cloth diapers permitted. Please dry off before entering the building.

### Summer Pool Hours

<b>Adult Lap Swim</b>	Monday - Friday	5:30am - 9:30pm
	Saturday	8:00am - 7:30pm
	Sunday	10:00am - 7:30pm

<b>Children and Open Swim</b>	Monday - Friday	12:00pm - 8:00pm
	Saturday	8:00am - 7:30pm
	Sunday	10:00am - 7:30pm

### Winter Pool Hours

<b>Adult Lap Swim</b>	Monday - Friday	5:30am - 9:30pm
	Saturday	8:00am - 7:30pm
	Sunday	10:00am - 7:30pm

<b>Children and Open Swim</b>	Once blankets are installed, no one under the age of 16 allowed in pool or pool deck area and there is ap swimming only. No Open Swim.
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## PROGRAMS AND ACTIVITIES

The mission of the Recreation Center is to provide facilities, programs and activities that contribute to the improvement and enhancement of the quality of life for our members. A wide variety of activities are offered for your participation. These activities are designed for health and fitness as well as for fun and relaxation. Please take advantage of what is available:

- Intramural / Recreational Sports Program
- Aquatics Classes
- Wellness Programs
- Group Fitness Classes
- Family / Youth Programs
- Instructional Classes

For more details on what is offered, please feel free to contact the program coordinators and/or pick up the activity schedules at the front counter. Programs are scheduled on a semester basis. (Spring, Summer, Fall). Visit our website at <http://ae.uth.tmc.edu>.

## LOCKER USE AND RENTAL

"Daily Use" lockers are available at no charge for daily use only. Rental Lockers may be rented from the front desk. Users must furnish their own padlock. Only members may rent a locker. All personal items should be stored in a secured locker. The University of Texas Health Science Center at Houston is not responsible for any property that is lost, stolen or damaged.

## COURT RESERVATIONS

Tennis, racquetball, and sand volleyball courts may be reserved. Reservations can be made in person or by telephone for one hour on the hour time allotments. They can be made after 12.00 noon, PRIOR to the day of use. Walk-ins are allowed, but reservations are encouraged if you desire a specific time, especially during peak hours. Make sure to notify the front desk prior to claiming your court. There is a five minute grace period to claim your court, or it can be given to others waiting. No black soled or marking shoes are permitted in the courts. Eye guard protection is highly recommended when playing. Sand volleyball courts may be reserved for a two hour time period.